

## BTS TERTIAIRES 2025

### Correction épreuve d'anglais LVA

#### I – COMPRÉHENSION ÉCRITE

Dans cet article écrit par Jim Armitage dans le *Sunday Times* et publié le 31 août 2024, le journaliste se penche sur le passage à la semaine de quatre jours. Cela a été expérimenté par Atom Bank sous la direction de Mark Mullen et montre des résultats prometteurs. Depuis trois ans, les 550 employés de la banque travaillent du lundi au jeudi. Les journées sont toutefois plus longues mais les employé-es perçoivent le même salaire, bien qu'ils et elles travaillent 34 heures par semaine et non 37 comme auparavant.

Selon Mullen, cette réforme a été un franc succès car le niveau de stress des salarié-es a diminué. Ils et elles prennent même moins de congés maladie et augmentent leur productivité. C'est pourquoi le gouvernement britannique envisage une réforme du droit du travail, avec une consultation prévue en octobre. Il s'agirait de permettre à tous-tes les employé-es de condenser leurs heures sur quatre jours, l'imposant ainsi aux entreprises. D'autres pays européens, comme la Belgique, ont déjà adopté ce type de mesures. Cependant, le professeur Bart van Ark, insiste sur les limites de ce système. D'après lui, la fatigue due à de longues journées pourrait nuire à la concentration. En outre, cela ne conviendrait pas à tous les secteurs, (comme la restauration par exemple). Malgré certaines hésitations, 92 % des entreprises ayant testé la semaine de quatre jours l'ont adoptée.

227 mots.

#### II - EXPRESSION ÉCRITE

##### Question 1

***What other company adjustments could you think of as an alternative to the four-day week to improve well-being in the workplace (think about time management, infrastructures, services, perks...?) Consider your line of business both as a future employee and in your past internships and justify your point of view.***

First of all, in order to improve well-being in the workplace beyond implementing a four day week, companies could adopt more flexible hours and work models. Based on my internship experience in marketing, I noticed that stress often stemmed from extremely rigid schedules and very long commutes. Therefore, I would argue that allowing employees to choose their start and end times, or to work remotely part of the week, could greatly reduce burnout and increase productivity, as it has been proven in the past.

Furthermore, another effective adjustment would be to improve office infrastructure. I also noticed that a comfortable and quiet workspace could boost our creativity and help us focus on our job. Companies should also provide quiet rooms for short breaks. In my previous internship, a quiet zone significantly improved my concentration and reduced stress.

Moreover, companies could also offer wellness services—such as mental health counseling to further support employee well-being. Perks like access to collaborative areas, places where employees can cook and eat lunch quietly and together, or extra personal days could also help them to feel more comfortable when they are at work.

In conclusion, while the four-day week is attractive, a combination of flexible scheduling, better infrastructure should offer better solutions to improve their well-being.

210 words

## **Question 2**

***[dylan.rbsn@corporatehappiness.com](mailto:dylan.rbsn@corporatehappiness.com)***, coach bien-être missionné(e) par l'entreprise britannique de lunetterie Look!Glasses ([@look!glasses.co.uk](http://@look!glasses.co.uk)) pour mettre en place des mesures visant à améliorer le bien-être des salarié(e)s. Vous adressez un courriel à l'ensemble des personnels pour leur soumettre certaines mesures.

Subject: Well-being Proposals – Look!Glasses

Dear colleagues,

As you may know, I'm here to support employee well-being at this company. My name is Dylan Robinson and I'm a « happiness coach » as you might say. My mission is to help you reduce stress and make you feel comfortable when you're at work. That's why I am glad to share several initiatives aimed at improving your well-being. Please note that, due to budgetary considerations, these proposals will be submitted for a company-wide vote in the coming months.

Here are the suggested measures and please let me know what you think ! Do not hesitate to tell me what you think !

- The provision of laptops and access to flexible workplaces to help you better manage your daily tasks (both in the office and remotely).
- The opportunity to register for sophrology and/or cooking classes during lunch breaks.
- The creation of a rest area, equipped with comfortable sofas and chairs where you can chat, work (or even gossif if you want to...)
- The availability of free (and healthy!) snacks (both hot and cold) and a wide variety of drinks such as coffee or tea, throughout the day to help you relax.
- Last but not least... The possibility to leave work early three days a week, before 5 p.m in order to help you avoid traffic and enjoy your free time so that you can rest with your family or your friends.

I look forward to hearing from you.

Best regards,

Dylan Robinson

[dylan.rbsn@corporatehappiness.com](mailto:dylan.rbsn@corporatehappiness.com)

253 words